INTRODUCTION:

Welcome to CREATE!

We hope you will enjoy your time here. This guidance pack is provided as a resource for new PhDs, working as part of the CREATE team. The pack gives some general advice about starting your new role as a PhD, as well as guidance for working life within the University.

This guide should be read in conjunction with (and is supplementary to) any advice given by the UofG School of Law.

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TOP TIPS FOR NEW PHDS

A  Manage your expectations. Try to think of your PhD as an apprenticeship in research. You’re definitely not expected to know everything at this stage. The first year of a PhD is intended to be a time for exploration, so let yourself be curious, and allow your research question to change. It’s an exciting time!

B  Front-load your first year. A PhD can be a bit of a shock to the system if you’ve come from a more structured 9-5 background. This can feel like a slow start if you don’t establish a good routine early on; but one of the benefits of being a PhD is finding whichever routine works best for you. You may have the impression that you need to work 24/7, but this isn’t necessary - we would just advise you work consistently. If you feel you need a more structured routine, try taking as many courses as you can in your first year - particularly as there also won’t be as much time for this later on. This may not be appropriate if you’re a GTA, part-time or if you are coming from a more advanced background.
**C** Write early, write often. Write even when you’re reading. Implement a good note taking system from the start, and organise them well, preferably using a system such as *EndNote* or *Zotero* to keep track of your references. You’ll thank yourself when the time comes to submit your first draft chapter! For general writing skills, *Jennifer Boyle* runs several useful writing workshops and bootcamps, and for when you need to concentrate, *Felicity Belton* hosts “Shut up and write” sessions.

**D** Try it yourself first, then look for help. This is a fine balance - don’t be stuck, but also know you’re not likely to get your hand held through new processes. When it comes to things like teaching and giving conference presentations, these are very much treated as “learn by doing”. Remember, there is a hierarchy of people to contact - as a very general rule, try fellow PhDs first before asking a busy supervisor. Chances are if your question is more general (e.g. admin problems) that a fellow student will be able to answer (or point you in the right direction). Supervisors are usually contacted for bigger decisions regarding e.g. thesis direction or issues, feedback on work, undertaking new projects or work and time-management.
Imposter syndrome is very real. Try not to compare yourself to other students. Not only is everyone at different stages of their research, but your PhD journey is yours alone - so there's nothing else worth comparing to. This can sometimes make the process feel quite isolating (and in some senses should be - you alone will defend your thesis!), so remember to look to friends, family, and fellow students for support. The University also hosts Counselling Services, including drop-in appointments, if you feel you need to speak to someone.

Don't lose track of why you're here... It can be hard to imagine during the first few months of a PhD, but you will likely get involved in multiple projects, teaching, conferences etc. which will gradually eat away at your time. These are important for improving your skills and CV, but should never jeopardise the progress of your thesis. Learn to prioritise your thesis, and how to say "no". Your supervisor should be aware if you're feeling overwhelmed with additional work, and will be able to help you with this.
G  ... But think ahead (a little!). Keep a list of all your achievements over the course of your PhD, including a list of courses, presentations, posters, teaching, and projects. Keeping an up-to-date CV and business cards is handy for conferences. Also consider publishing an article during your PhD, if possible, as this will eventually benefit you in the jobs market.

H  Be scared, but do it anyway. Everything about a PhD is new and terrifying at the start. First supervision meeting, first conference, first workshop... These may (sometimes) be legitimate fears, but now is the time to be brave and make mistakes whilst you’re still at the earliest point of your research career!
You’re expected to attend supervision meetings approx. once a month, with a joint supervision meeting once per semester. There is no set format for supervision meetings, though we would recommend you come prepared to provide feedback on what you’ve been up to since your last meeting, and use this opportunity to discuss any problems or questions that have cropped up. If you require feedback on your work be sure to send this well ahead of time.

After each supervisory meeting you should fill out a Record of Supervision, have this approved by your supervisor, and return to Susan Holmes.

Every year you’ll have an Annual Progress Review (usually in April) to make sure that you’re ready to move on to the next stage of your PhD. There are different requirements year to year, so be sure to check what you need to submit ahead of time.

Once you’ve submitted your thesis you’ll be invited to defend your thesis at a “viva voce” - but you shouldn’t have to worry about this for at least another couple of years.
Starting somewhere new can be a daunting experience... not least because some of the most basic things, like finding a printer, often cause us the most stress. Here are a few helpful tips on where to find what you need, to make the first few weeks an easier ride.

**Your office:** You will be assigned an office (usually shared with other PhDs) for the duration of your PhD, and should be able to access this using either a key or code. If you find yourself locked out, Eddie (the School of Law porter) is usually around in the porter’s office @ No. 8 Stair Building and can be counted on to help out. If you’re delayed in being assigned an office, you can always use the library or Law Workshop as a temporary workspace.

**Accessing the building:** You’ll spend most of your time as a law PhD in the Stair Building @UofG, which is almost always open, but if you arrive out of hours you can use your University ID card to access via No. 8. In the interests of security, please always ensure you use the Yale lock to lock the door if you are leaving after 5pm.
Printing/Scanning: Multifunction devices (MFDs) can be found on the ground floor of No. 10, on second floor of No. 10, or the "Machine Room" in the Stair Building. Printing works on a pull print basis and you can pick it up from any of these printers, provided you have scanned your student card on the card reader. If you’re having problems printing, don’t hesitate to contact the IT helpesk.

Student ID: Admin will let you know when your card is ready for collection. This is usually collected from the library very soon after you start. You need this card for entry to the library, use of the IT equipment in the library, use of MFDs (above) and getting into the Gilchrist Postgraduate Club.

Resources for research: We benefit from a well-stocked library and law workshop, but if you require a specific item that’s not available the library is very helpful in borrowing or buying books for you upon request.
NOTES FOR INTERNATIONAL STUDENTS

Be aware of **Tier 4 Visa monitoring** requirements. Under these rules, you will be permitted a maximum of 8 weeks annual leave per year. Every time you leave the UK, irrespective of duration, you’ll need approval from a supervisor.

If English is not your first language and you require additional support, you can contact **Dr. Julia Bohlmann** who can provide advice. If you need further assistance from a proofreading service, try to find an **academic proofreader** rather than a business service. Fellow PhD students may be able to offer specific recommendations.

If you’re feeling **homesick**, remember the University **Counselling Services** are here to support you.
GET INVOLVED: COURSES, EVENTS AND SOCIETIES

One of the best bits about doing a PhD is the variety - no two days are the same. This section highlights some of the courses to consider undertaking particularly in first year while you’re finding your feet and learning the ropes. In addition to attending courses, it’s good to get involved in the life of the department, by taking part in some of the less formal events that are organised throughout the year. This helps you get to know people, make connections and feel like a valued and important member of the wider CREATe / School of law team. This section has some suggestions about how you can get involved.
**COURSES @ UOFG**

**Legal Research Methods**: Please note this course is compulsory and all PhD students are expected to attend. This course will give you an overview of key legal research methods that you can employ in your thesis, and give you an opportunity to reformulate and improve your initial proposal.

**Research Integrity Training**: Please note this course must be completed during your first year. This usually consists of a half-day workshop concerning research ethics.

**Researcher Development Programme**: These are non-compulsory courses offered by the graduate school. Our current PhDs would recommend the Research Design course for an overview of empirical research methods. More specific courses on Social Theory, Qualitative Methods and Quantitative Methods may or may not be appropriate - this is worth discussing with your supervisor.

**Researcher Development Programme**: This programme offers broader, transferable skills workshops for new researchers. We recommend the Data Management and Effective Writing workshops.
Optional LLM Courses: Some courses on the LLM programme are open to students who would like to expand their knowledge on the subject. These include "Copyright in the Digital Environment" (contact: Dr. Thomas Margoni) and "Contemporary Issues in Intellectual Property" (contact: Prof. Martin Kretschmer).

CopyrightX: CopyrightX is an intensive twelve week networked course that has been offered annually since 2013 under the auspices of Harvard Law School, the HarvardX distance-learning initiative and the Berkman Klein Centre for Internet and Society. As part of the affiliate course community, CopyrightX: Glasgow joins around 20 other countries in delivering the affiliate course. This annual course is offered to a selected group of LLM students, although PhD students may have the opportunity to take part (contact: Dr. Thomas Margoni).
COURSES OUTSIDE UOFG

Please note that these courses may be subject to payment of additional tuition fees and as such are entirely non-compulsory.

IViR Summer courses: The Institute for Information Law (IViR) runs two annual summer courses: International Copyright Law and Privacy Law and Policy.

WIPO Summer School: The World Intellectual property Organisation (WIPO) hosts an annual summer school. This offers students a valuable opportunity to deepen their IP knowledge and take part in panel presentations and group discussions. If you did not take your Undergraduate or Masters in English the IP General Course may help familiarise you with terminologies and doctrines.

CEIPI Summer School: The Centre for international Intellectual property Studies (CEIPI) Strasbourg, offers an annual summer school. This is particularly relevant for students who have an interest in Patent and Trademark law.
Max Planck Institute for Innovation and Competition: The Max Planck Institute (MPI) hosts an annual summer institute covering topics including IP, economics, innovation, competition and a whole range of other disciplines. You can also visit the Max Planck IP Library for a research trip.

The University of Geneva summer school: The University of Geneva offers an annual Internet L@w Summer school.
EVENTS AND SOCIETIES

**CREATe seminars and public lectures**: CREATe runs an active programme of seminars and public lectures, usually 2-3 times per semester. This gives you an opportunity to stay on top of the latest IP developments, meet esteemed speakers, and give you an opportunity to network afterwards at drink receptions.

**UofG IP Reading group**: CREATe PhDs (and other interested students) meet monthly to discuss readings on IP, and to provide feedback and support for IP related work. Contact a.thomas.2@research.gla.ac.uk for details on meeting times and readings.

**Glasgow University IP Society (GU-IPS)**: This newly established group is run predominantly by, and for, LLM students, although welcomes input by PhD students, alumni, staff and anyone else who shares an interest in IP. Keep up to date with what they’re up to on their [website](#) and [Facebook](#) page.

**Socio-legal reading group**: If you’re interested in socio-legal methods, consider collaborating with other research groups in the School of Law.
SUSAN HOLMES (PGR Admin): Your PGR go-to.

RONA CAMERON or JAMES MUIR (Finance): For claiming expenses, arranging transport or other financial queries.

DIANE MCGRATTEN (CREATe Centre Administrator): For all CREATe related queries, such as public lectures, events, or blog contributions.

CLARA PATRICK (Administrator for CPD): For any room booking queries.

ELLEN GALLAGHER (School of Law Librarian): For queries r.e. the Law Workshop. The main library can be contacted via library@glasgow.ac.uk

IT HELPDESK: For all tech queries. Pete Bennet (Digital Resources Officer @CREATe) may also be able to assist.

STUDENT REPRESENTATIVE COUNCIL: For general advice.

COUNSELLING SERVICES: For support and advice.
Here we list some suggested sources for keeping in the loop with IP developments and broader goings-on in the IP community.

**CREATe blog**: we ask that you subscribe to the CREATe newsletter and follow us on Twitter (if you have an account) so you can stay up-to-date with the latest developments. This is where e.g. public lectures and other events will be announced.

**Copyright Evidence Wiki**

**Copybuzz**

**IPKat**

**1709**

**Kluwer**

**Technollama**

**Politico**

**The Conversation**
RECOMMENDED CONFERENCES

Whilst this is not an exhaustive list of every IP-related conference, this represents a selection of verified PhD-friendly opportunities to network and present your research. Calls for papers, dates and venues may vary, so be sure to check in regularly for updates.

British and Irish Law Education and Technology Association (BILETA) Annual Conference: Discusses "[t]he future of law, technology and legal education" and usually takes place in April.

European Policy for Intellectual Property Annual Conference: Thematic per year, and usually includes a PhD workshop. Usually takes place in April.

Gikii: Open for discussing "[a]ny aspect of law AND technology, science, geek culture, blogs, popular culture, wikis, science fiction or fantasy, computer games, digital culture, gender on-line, MMOPRGS, virtual property or online human personae". Usually takes place in September.

International Society for the History and Theory of Intellectual Property (ISHTIP): Theme varies from year to year but broadly concerns issues of culture, history and theories of IP. Usually takes place in July.
**IP Researchers Europe (IPRE):** Open to discussions on any aspect of IP Law, and see also **IP Researchers Asia** which is arranged by the same team. Usually takes place in June.

**Law and Society Association Annual Meeting:** Informal and multidisciplinary meeting that runs thematically per year. The society also runs Professional Development Workshops based around small group discussions and networking opportunities.

**Society of Legal Scholars Annual Conference (SLS):** IP is considered here amongst 28 other subjects. Usually runs in September.

**Socio-Legal Studies Association Postgraduate Conference (SLSA):** Discusses any work with socio-legal element, intended as a forum for “testing the water”, and reducing isolation in socio-legal students. Only students who have not attended a postgraduate conference are eligible for a place at this conference.

**University of Glasgow School of Law Poster Event:** All second and third year PhD students (third/fourth PT) are expected to produce a poster for this annual event, usually running in February. First year students and LLM students can contribute if they wish but this is not mandatory.
Other PGR Conferences: Some Universities will annually run conferences specifically for PhD students to present their work. These are really friendly and non-intimidating environments for early, nervous presentations. Universities that have welcomed IP-related topics in the past include: UofG, University of Strathclyde, University of Liverpool and University of Oxford IP Discussion Group.

Arranging/affording conference travel: Most PhD students will benefit from a Research Training and Support Grant (RTSG) of approx. £750 per annum which can be used for travel, accommodation and expenses incurred in travelling to a conference. The use of this fund is dependent on supervisor approval, and must be released by Susan Holmes - thereafter Rona Cameron or James Muir can book any travel or accommodation in advance (or you can reclaim expenses - remember to keep a hold of your receipts!).
It's important to get the work-life balance right, and to factor in some fun. The following list includes some things to do around Glasgow.

Cinema: The local favourite is the Grosvenor on Ashton Lane. More mainstream films are shown at Cineworld in the city centre, and more arthouse and world films at the Glasgow Film Theatre (GFT).

Music: Nearby venues include the Oran Mor, Cottiers Theatre, Glad Cafe, Saint Luke's and Cafe St. Louis. The city centre hosts the Royal Concert Hall, City Halls, Old Fruitmarket and the Royal Conservatoire of Scotland. The BBC at the Pacific Quay also hosts Quay Sessions and Jazz at the Quay.

Theatre, Opera and Dance: The city centre hosts several theatres, including the Citizens Theatre, Tron Theatre, Pavillion Theatre and the Theatre Royal. Slightly further afield you can also visit the: Tramway Theatre or Scottish Ballet, and consult the Scottish Opera events.
Art: UofG is very local for both the Hunterian Museum (in the University campus) and Kelvingrove Art Gallery. The Riverside (Transport) Museum is also a short train ride away. The city centre hosts the Centre for Contemporary Art (CCA), Gallery of Modern Art and the Lighthouse.

Food and drink: There are plenty of good, nearby places to eat and drink, whatever your preference. For a general idea see food.list.co.uk, and we recommend: Paesano Pizza (for fresh pizza dinners), Brel (for drinks), Hyndland Cafe (for quick lunches), Kember and Jones (for coffee), Tantrum Doughnuts (for sweet treats) and Dumpling Monkey (for takeaway night).

Outdoor Adventures: You'll be spoiled for choice for outdoor adventures which you can explore on Visit Scotland or Walk Highlands. For nearby adventures, we would recommend: The Devils Pulpit in Finnick Glen (for film fans), Balloch @ Loch Lomond (for a day by the shore), and day-trips to Arran or Bute (for a Scottish island experience). Be sure to take advantage of the 16-25 railcard (also applies to mature students) for discounted train journeys.